

Who Do You Think You Are?

A workshop with a different approach
to life, relationships and work
based on understanding
people's different personality styles

Ever wondered why some people seem to speak the same language as you, but you can't get through to others at all?

Would you like to understand why you keep on doing the same thing ... even when it doesn't work!

Ever thought your partner came from another planet?

Do you want to be able to get through to others ... your partner ... kids ... friends ... work colleagues ... clients?

Ever looked at your kids and felt they were so different from you that they must have been swapped at birth?

ANSWER 'YES' TO ANY OF THESE QUESTIONS? ...

Then come along and have some fun while you learn about yourself and others – discover the key to your unique personality style and how you can use this to:

- ✓ Understand yourself, your strengths and your potential
- ✓ Understand and communicate better with others
- ✓ Have deeper, more satisfying relationships
- ✓ Parent your children in the way that best suits their personality
- ✓ Work better with your colleagues, clients or students
- ✓ Chart a course in life that's right for you

Treat yourself ... and your partner ... to a Christmas present that could last a lifetime!

WORKSHOP DETAILS

Dates: Sunday 13 Dec. 2009 OR Sunday 24 Jan. 2010

Time: 10:30am – 4:30pm

Where: Suite 1, First Floor, 65 Main Street, (Old Hume Highway) Mittagong.

Cost: \$66.00

(no refund for fewer than 7 days booking cancellation notice)

Morning and afternoon tea provided.

Prior registration and payment essential.

Payment: cheque, internet transfer, direct deposit or cash.

Mail cheques to: 12 Viewland St, Bundanoon, NSW. 2578.

Toni McLean

0409 599 887

02 4800 9311

toni@tonimclean.net.au

www.mbinsights.net.au

ABOUT THE WORKSHOP

This fun, informative and helpful workshop is based on the work of Carl Jung, one of the earliest psychotherapists. After observing thousands of people, Jung realised that people innately use their minds in certain ways that can be grouped together into clearly defined patterns. Two American women, Katharine Briggs and Isabel Myers, added to Jung's work and devised a framework of 16 different personality types.

We all start out life with a particular personality template that's 'hard-wired'. This template has a profound influence on how we respond to everything that happens to us in life, and is the basis of the unique package that is each one of us.

Talking about a personality type doesn't mean you're the same as anyone else. We are each a unique combination of personality and life experience. And knowing about personality types will help you understand yourself and others better, so that you can have more satisfying relationships .. with your partner, kids, parents, work colleagues, or your clients.

ABOUT TONI

Toni is a counsellor and psychotherapist, workshop presenter and trainer, and a qualified Myers Briggs Personality Type consultant. Using Myers Briggs, Toni has helped many people:

- Recognise and value the innate gifts of their personality type
- Understand why they keep on doing the same thing ... or choose the same kind of partner ... knowing it doesn't work
- Improve relationships at home and at work
- Make better career and life choices
- Identify their strengths and live up to their potential

Make 2010 your year for doing it differently